

# Thursday

DAY 9

## TASKS TO DO

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## MEALS

B

L

D

## CLEAN

☐ Ceiling fans

## DECLUTTER

☐ Junk drawer

## ORGANISE

☐ Calendar/Diary

## 5 MINUTE TASK

☐ Dust lights

## NEW DAILY HABIT

☐ Unload dishwasher

*Believe in yourself*

Be satisfied with your achievements  
and feel empowered to continue.