

Tuesday

DAY 2

TASKS TO DO

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MEALS

B

L

D

CLEAN

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Main bedroom

DECLUTTER

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Bedroom surfaces

ORGANISE

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Top draw of the bedside table

5 MINUTE TASK

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Wipe over dining chairs

NEW DAILY HABIT

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Make your bed each morning

Don't try too hard

to make things perfect. Making a start and simple change is enough.