

Thursday

DAY 19

TASKS TO DO

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MEALS

B

L

D

CLEAN

☐ Kids bedroom

DECLUTTER

☐ Kids bedroom

ORGANISE

☐ Kids bedroom

5 MINUTE TASK

☐ Clean the wheelie bin

NEW DAILY HABIT

☐ If you don't love it or use it, it has to go.

Look beyond the obvious
and discover the wonderful changes you have made.