

Wednesday

DAY 18

TASKS TO DO

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MEALS

B

L

D

CLEAN

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Dining room

DECLUTTER

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Dumping zone

ORGANISE

☐

A date night

5 MINUTE TASK

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Empty all indoor bins

NEW DAILY HABIT

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Tick completed tasks on your to-do-list

Make the most of everyday
Live without regrets and use your time wisely.