

# Friday

DAY 10

## TASKS TO DO

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## MEALS

B

L

D

## CLEAN

☐ Oven

## DECLUTTER

☐ Kitchen cupboards

## ORGANISE

☐ Tupperware cupboard

## 5 MINUTE TASK

☐ Clean splatters from  
bathroom mirrors

## NEW DAILY HABIT

☐ Clean stove while warm

*Be proud of your determination*  
Others will admire you for your efforts.