

cleaning checklist

the bedrooms

✓	TASKS
☐	Remove the bed sheets, quilts and underlay off the bed
☐	Wash all bedding
☐	Wash cushions or place decorative cushions on washing line in sunshine
☐	Flip mattress
☐	Pick up and put away all clothing
☐	Pick up and put/throw away all paper clutter
☐	Pick up and put/throw away all other clutter
☐	Dust ornaments
☐	Dust and clean all surfaces
☐	Clean mirrors
☐	Dust blinds/clean curtains and window sills
☐	Clean inside window
☐	Vacuum ceiling fan to remove dust that has settled during
☐	Vacuum mattress
☐	Vacuum the floor, including under the bed
☐	Place clean bedding on your bed
☐	
☐	
☐	
☐	
☐	
☐	
☐	
☐	
☐	
☐	

